



AL's
Home Cooked Meals
"Good Wholesome Cooking!"
Since 2004!

 **082 330 6530**
Website: alscatering.co.za

Name: _____

Email: _____

Address : _____

Tel. No: _____

Anton / Alet - 082 330 6530 • 6:30am - 12 noon
Lunch Orders before 09:30am (Where Applicable)
Please place orders before 12 o'clock
Friday before 11 o'clock
Please phone for delivery time.

MENU A = R78-50 EA
MENU B, C = R78-50 EA

KID'S MEALS = R65-00 EA
PUDDING = R25-00 EA

HOME COOKED MEALS: DELIVERED TO YOUR DOOR DAILY, WEEKLY OR MONTHLY

QTY

MAY 2025

THU 1ST	A	SPAGHETTI BOLOGNAISE TOPPED WITH CHEESE
CHOC MOUSSE	B	BBQ PORK CHOPS (X2), MASH & GRAVY
	DIET	MINCE CURRY SERVED ON RICE, (SALAD)
	KIDDIES	MINI VETKOEK X 2 (1 X SAVOURY MINCE + 1 X CHICKEN MAYO)
FRI 2ND	A	BATTERED HAKE FILLETS, MASH & GRAVY, SWEET CARROTS & PEAS
MALVA PUDDING & CUSTARD	B	CHICKEN CORDON BLEU SERVED WITH SIDES
	C	GIANT BEEF BURGER & CHIPS
	KIDDIES	MINI PIZZA (HAM, CHEESE + PINEAPPLE) WITH CHIPS
MON 5TH	A	ROAST LEG OF LAMB, ROAST POTATOES, GREENBEANS, PAMPOENKOEKIES, RICE
MARSHMALLOW CREMORA TART	B	SPAGHETTI BOLOGNAISE TOPPED WITH CHEESE (BEETROOT SALAD, PAMPOENKOEKIES)
	DIET	2 X WRAPS: 1 X BEEF STRIPS + 1 X CHICKEN STRIPS, 2 SIDES, (SALAD)
	KIDDIES	1 X BATTERED HAKE FILLET, MASH & GRAVY, PEAS & GEM
TUE 6TH	A	BEEF LASAGNE, BROWN RICE, SWEET POTATO, GEM, PEAS
BAKED SAGO	B	MILD DURBAN CURRY SERVED ON RICE, (SAMBALS & ROLL)
	DIET	SEAFOOD PAELLA SERVED WITH 2 X SIDES, (SALAD)
	KIDDIES	CHEESY CHICKEN STRIPS, MASH & GRAVY, PEAS & GEM
WED 7TH	A	CHICKEN SCHNITZEL (PINEAPPLE & CHEESE), SAVOURY RICE, MASH, SPINACH & SWEET CARROTS
CHOC MOUSSE	B	MARINATED HOMEMADE MEATBALLS, SAVOURY RICE, MASH, SPINACH & SWEET CARROTS
	DIET	HAKE BAKED IN CREAM (MUSHROOM, BACON, FETA), SPINACH, SWEET CARROTS, (SALAD)
	KIDDIES	PASTA ALFREDO TOPPED WITH CHEESE, GARLIC ROLL, CARROT & PINE SALAD
THU 8TH	A	COTTAGE PIE, RICE & GRAVY, PASTA SALAD, MIX VEG, PUMPKIN
BREAD & BUTTER PUDDING & CUSTARD	B	CHUTNEY BAKED CHICKEN, RICE & GRAVY, MIX VEG, PUMPKIN, MASH
	DIET	MINI COLD MEAT PLATTER (ROAST PORK, ROAST BEEF, MEATBALL, SALAD, ROLL)
	KIDDIES	RIB BURGER & HOTDOG SERVED WITH CHIPS
FRI 9TH	A	AL'S MIX GRILL: 1 X SAVOURY VETKOEK, 1 X BOEREWORS ROLL, SPUD & 1 X PANCAKE
CARAMEL BANANA PUDDING	B	2 X GATSBY: 1 X BEEF + 1 X CHICKEN WITH SALAD
	C	TEXAN STEAK, PAP & SHEBO, POTATO BAKE, ROLL & SALAD
	KIDDIES	2 X MINI PIZZA (HAM & PINEAPPLE) SERVED WITH CHIPS
MON 12TH	A	BEEF POTJIE ... THE BEST ... SERVED ON RICE WITH 2 X VEGGIES
MALVA PUDDING & CUSTARD	B	CRUMBED PORK CHOP, GREENBEANS, BUTTERNUT, MASH, SAVOURY RICE
	DIET	BEEF STRIPS SERVED ON NOODLES, GREENBEANS, BUTTERNUT, (SALAD)
	KIDDIES	SOUTHERN FRY CHICKEN DRUMMIES, MASH & GRAVY, GREENBEANS, BUTTERNUT
TUE 13TH	A	CHICKEN CORDON BLEU, SALT CARROTS & PEAS, CAULIFLOWER, RICE & GRAVY
LEMON MERINGUE	B	LAMB & BEEF CURRY SERVED ON RICE (ROLL & BEETROOT SALAD)
	DIET	STUFFED CHICKEN BREAST FILLET, SALT CARROTS & PEAS, (SALAD)
	KIDDIES	BAKED MINCE MACARONI BAKE, SALT CARROTS & PEAS
WED 14TH	A	LAMB NECK CASSEROLE SERVED ON RICE WITH 2 X SIDE VEGGIES
FRESH FRUIT SALAD	B	SPAGHETTI BOLOGNAISE TOPPED WITH CHEESE (ROLL & SALAD)
	DIET	BATTERED HAKE FILLETS TOPPED WITH BACON & FETA, CABBAGE, SWEET CARROTS, (SALAD)
	KIDDIES	PORK BANGERS & MASH, PEAS & GEM

 **082 330 6530**

ARE YOU TOO BUSY TO COOK? SICK? OLD? SINGLE? OR JUST DON'T LIKE COOKING?
WE DELIVER THE BEST WHOLESOME MEALS DAILY! AMAZING VALUE FOR MONEY! TRY US, YOU WON'T REGRET IT!

P.T.O

Address : _____ Email: _____

Name: _____ Tel. No: _____

QTY

MAY 2025

THU 15TH	A	ROAST BEEF & BROWN GRAVY, ROAST POTATOES, WHITE RICE, SPINACH, PAMPOENKOEKIES
CUSTARD SLICES	B	HOMEMADE CHICKEN PIE, ROAST POTATOES, WHITE RICE, SPINACH, PAMPOENKOEKIES
	DIET	3 X PANCAKES: 1 X SAVOURY MINCE + 1 X CHICKEN MAYO + 1 X SPINACH & FETA, (SALAD)
	KIDDIES	SPAGHETTI & MEATBALLS TOPPED WITH CHEESE, SERVED WITH 2 X SIDES
FRI 16TH	A	2 X VETKOEK: 1 X SAVOURY MINCE + 1 X CURRY MINCE + 2 X SWEET PANCAKE)
MARSHMALLOW CREMORA TART	B	2 X PREGO ROLLS: 1 X BEEF PREGO + 1 X CHICKEN PREGO WITH CHIPS
	C	1/4 CHICKEN (LEMON & HERB), BOEREWORS, MASH & GRAVY, CARROTS, PEAS
	KIDDIES	1 BEEF SAUSAGE + 1 X PORK SAUSAGE, MASH & GRAVY, PEAS, GEM
MON 19TH	A	KAAPSE BOBOTIE, YELLOW RICE & RAISINS, COUNTRY MIX VEG, HUBBARD SQUASH, ROAST BABY POTATOES
CHOC MOUSSE	B	APRICOT BAKED CHICKEN, COUNTRY MIX VEG, HUBBARD SQUASH, ROAST BABY POTATOES, RICE
	DIET	CHICKEN STRIPS SERVED ON NOODLES, COUNTRY MIX VEG, HUBBARD SQUASH, (SALAD)
	KIDDIES	SPAGHETTI BOLOGNAISE TOPPED WITH CHEESE
TUE 20TH	A	COTTAGE PIE, STIRFRY, GEM SQUASH, BEETROOT SALAD, SAVOURY RICE
BAKED SAGO	B	LAMB CHOP & BOEREWORS, MASH & GRAVY, STRIFRY, GEM, BEETROOT SALAD
	DIET	2 X WRAPS: 1 X CHICKEN WRAP + 1 X BEEF WRAP SERVED WITH 2 X VEGGIES, (SALAD)
	KIDDIES	3 X FISHCAKES, MASH & GRAVY, GEM & PEAS
WED 21ST	A	MARINATED HOMEMADE MEAT BALLS, POTATO SALAD, BROWN RICE, SWEET CORN FRITTERS, CARROT & BEAN MIX
BREAD & BUTTER PUDDING & CUSTARD	B	ROAST PORK & BROWN GRAVY, POTATO SALAD, BROWN RICE, SWEET CORN FRITTERS, CARROT & BEAN MIX
	DIET	TENDERISED STEAK TOPPED WITH FETA & PEPPERS, SWEETCORN, CARROT & BEAN MIX, (SALAD)
	KIDDIES	SOUTHERN FRY CHICKEN STRIPS, RICE, CARROT & BEAN MIX, SWEET CORN FRITTERS
THU 22ND	A	CHEDDAMILT BEEF SCHNITZEL, SWEET POTATOES, FRIED CABBAGE, SAVOURY RICE, BBQ POTATOES
CARAMEL BANANA PUDDING	B	CHICKEN Á LA KING SERVED WITH VEGGIES
	DIET	CHICKEN FILLET TOPPED WITH CHEESE & PINEAPPLE, SWEET POTATO, CABBAGE, (SALAD)
	KIDDIES	VETKOEK: 1 X SAVOURY MINCE + 1 X CHICKEN MAYO + 1 X SWEET PANCAKE
FRI 23RD	A	1/2 BABY CHICKEN (LEMON & HERB), SAVOURY RICE, PEAS & GEM
MALVA PUDDING & CUSTARD	B	BEEF BUNNY CHOW SERVED WITH BANANA & BEETROOT SALAD
	C	BURGER DAY: 1 X BEEF BURGER (CHEESE) + 1 X RIB BURGER AND CHIPS
	KIDDIES	MINI PIZZA TOPPED WITH HAM & PINEAPPLE SERVED WITH CHIPS
MON 26TH	A	ROAST LEG OF LAMB, ROAST POTATOES, GREENBEANS, PAMPOENKOEKIES
LEMON MERINGUE	B	SPAGHETTI BOLOGNAISE TOPPED WITH CHEESE (BEETROOT, ROLL)
	DIET	2 X WRAPS: 1 X BEEF WRAP + 1 X CHICKEN WRAP, GREENBEANS, BUTTERNUT, (SALAD)
	KIDDIES	2 X MINI VETKOEK: 1 X SAVOURY MINCE + 1 X CHICKEN MAYO, (SALAD)
TUE 27TH	A	HOMEMADE BOBOTIE PIE, YELLOW RICE & RAISINS, BACON & CHEESE POTATOES, SALT CARROTS, PEAS
FRESH FRUIT SALAD	B	LEMON & HERB BAKED CHICKEN, RICE & GRAVY, BACON & CHEESE POTATOES, SALT CARROTS, PEAS
	DIET	BATTERED HAKE FILLET TOPPED WITH BACON & FETA, SALT CARROTS, PEAS, (SALAD)
	KIDDIES	SOUTHERN FRY CHICKEN DRUMMIES, MASH & GRAVY, CARROTS, PEAS
WED 28TH	A	HOMEMADE BEEF PIE, CABBAGE, SWEET CARROTS, STAMP, POTATO WEDGES
CUSTARD SLICES	B	CHICKEN SCHNITZEL (CHEESE), CABBAGE, SWEET CARROTS, STAMP, POTATO WEDGES
	DIET	COLD MEAT PLATTER, (COLD MEATS - BEEF & PORK, EGG, ROLL, SALAD, CHEESE)
	KIDDIES	CHICKEN NUGGETS, RICE, POTATO WEDGES, CABBAGE, CARROTS
THU 29TH	A	ROAST GAMMON, WHITE RICE, SPINACH, PAMPOENKOEKIES, CHUTNEY BABY POTATOES
MARSHMALLOW CREMORA TART	B	MILD DURBAN CURRY SERVED ON RICE, ROLL, BANANA
	DIET	BEEF STIRFRY SERVED ON NOODLES, SPINACH, PAMPOENKOEKIES, (SALAD)
	KIDDIES	BAKED MINCE MACARONI, BEETROOT SALAD, PAMPOENKOEKIES, SPINACH
FRI 30TH	A	PASTA DAY: SPAGHETTI BOLOGNAISE, MAC & CHEESE, ALFREDO
CHOC MOUSSE	B	2 X VETKOEK: 1 X SAVOURY MINCE + 1 X CURRY MINCE, 2 X SWEET PANCAKES
	C	2 X BURGERS: 1 X BEEF (CHEESE) + 1 X CHICKEN (PINEAPPLE), WITH CHIPS
	KIDDIES	1 X PIECE BATTERED HAKE, MASH & GRAVY, PEAS & GEM

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Latest menu always available on
www.alscatering.co.za